

## School Lunches Price List - Term 2 + 3 2015

Simple, healthy, fresh and delicious food delivered to children for lunch

<b>From the oven</b>		<b>Sandwiches, Wraps &amp; Rolls - make your own !</b>	
Pizza – Marg or Hawaiian	5.00	- GF & yeast free rolls, wraps & bread available +\$1.00	
Chicken + veg pie	5.00	<u>Fillings available:</u> + .60c salad, +.90c meat	
Pasta w. napoli sauce + cheese (v)	4.60	lettuce, tomato, cheese, cucumber, avocado, egg,	
GF pasta w. napoli sauce + cheese (v)	5.10	grated carrot, honey, vegemite, free range turkey,	
Little more pasta w napoli sauce + cheese	5.50	beetroot, capsicum, poached chicken, lean ham,	
Lasagne	6.00	bacon, tuna, falafels, tandoori chicken	
Little more lasagne	7.50	<u>Free Condiments:</u>	
Chicken and mushroom pie (gf, df, yf)	7.50	mayonnaise, mustard, tzatziki, homemade chutney,	
Oven baked chicken strips (5)	4.50	sweet chilli	
<b>Hot Meal Deal A</b>	<b>7.00</b>	<b>Sandwiches - 1 filling from 3.60</b>	3.60
Chicken + vegie pie		<b>Rolls - 1 filling from 4.10</b>	4.10
Popcorn		<b>Wraps - 2 fillings from 4.80</b>	4.80
Drink of choice		Savoury vegemite and cheese scroll (v)	3.70
<b>Hot Meal Deal B</b>	<b>6.50</b>	Greek Lamb wrap (lamb, lettuce, tomato, cheese + tzatziki)	6.00
Pizza – Marg or Hawaiian		<b>Snacks</b>	
Chocolate Brownie (yeast, dairy, preservative, additive & gluten free)		Miss Peppercorn Eton Mess:	3.80
Drink of choice		Meringue, banana + our chocolate dipping sauce	
<b>Hot Meal Deal C</b>	<b>9.00</b>	Scone w butter + jam	3.80
Lasagne		Yoghurt cup w. berry coulis (or not!)	3.00
Popcorn		Fruit cup	3.00
Drink of choice		- add a yoghurt pot	1.00
<b>Fresh Meal Deal A</b>	<b>7.00</b>	- add our chocolate dipping sauce	1.50
Salad sandwich (lettuce, grated carrot ,tomato ,cucumber, mayo)		Hedgehog	3.85
Chocolate Brownie (yeast, dairy, preservative, additive & gluten free)		Homemade 'muesli' bar (sugar free)	3.85
Drink of Choice		Whole fresh pear w choc dipping sauce	3.80
<b>Fresh Meal Deal B</b>	<b>8.50</b>	Chocolate Chip Cookie	2.50
Greek Lamb wrap (lamb, lettuce, tomato, cheese + tzatziki)		Chocolate Brownie (yeast, dairy, preservative, additive & gluten free)	3.85
Choc chic cookie		Air popped popcorn	1.80
Bottle water			
<b>Sushi - avail Mondays, Thursdays &amp; Fridays only</b>	3.00	<b>Drinks</b>	
- Cooked Tuna, Avocado + Chicken Teriyaki		Plain bottled water	2.50
MUST BE ORDERED BY 4pm THE DAY PRIOR		Apple 100% Fruit Juice	2.20
<b>Extra's</b>		Tropical 100% Fruit Juice	2.20
Extra sweet chilli sauce	.50	Apple + Blackcurrant 100% Fruit Juice	2.20
Extra soy sauce (w/ sushi)	.50	Oak Flavoured Fresh Milk (250ml):	
Extra tomato sauce	.50	- Chocolate	2.70
Extra bbq sauce	.50	- Strawberry	2.70

